# WE.cope

### WHEN

1<sup>st</sup> & 3<sup>rd</sup> sundays 1:00-3:00pm

# **WHERE**

project.MEdrop-in center 2305 broadway

## CONTACT

260.203.0913 text info@projectme-fw.org www.projectme-fw.org





# COPING IN RECOVERY GROUP

### engage.

Drop in discussion space for those wanting to share and/or gain feedback.

## build.

Increase your positive recovery network while building up healthy coping techniques.

#### #cope

Discuss coping strategies and how to implement them.

